

# Progesterone cream and Progestogel

## INSTRUCTIONS

### Progesterone 5% cream

1



#### Open the cover

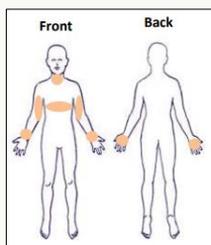
Unscrew the cap to open.  
Push the plunger to the dose as doctor ordered

2



#### Apply cream

Apply on clean, dry and unbroken skin



#### Application area:

Neck, upper chest, breasts, back of hand, inner wrist or inner arm

**Do not** apply on **abdominal area** and **genital area**.

Store in refrigerator at 2-8 °c.

### Progestogel 1% gel

1



#### For first-time use

Make the top of the cap fit securely with the crown shape on the tube and then twist the cap to break the aluminum seal open.

2



#### For daily use

Squeeze the tube to apply gel on white spatula as full indicated length. The gel will form the size of the opened aluminum tube.

3



#### Apply gel

Apply gel on the breasts in the proportion of **one half – dose on each breast**. Slightly rub until the product has penetrated

#### Application area:

Only on the **breasts**

Store at a temperature not exceeding 25°C.

### Additional instruction:

- Apply on clean, dry and unbroken skin.
- Apply at the same time each day, preferably in the morning.
- Wash hands with soap and water after applying the gel.
- Do not bath or exercise for 1 hour after application.



#### References:

- Progestogel 1% gel 80 gm. leaflet
- Besins Healthcare Thailand. *Product information*. Available from: [https://www.besins-healthcare.co.th/product#product\\_02](https://www.besins-healthcare.co.th/product#product_02) [Accessed 20 June 2021].
- Customer information sheet. Progesterone 5% cream.Vitalife