



Testosterone cream/gel

INSTRUCTIONS

1



Open

AndroGel® : Open and remove gel from the sachet

Syringe : Push the plunger to the dose as doctor ordered

2



Apply

Apply on **clean, dry** and **unbroken skin**

3

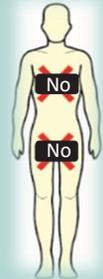


Wash hands

Wash hands thoroughly after application and avoid skin-to-skin contact with others

Additional instruction:

- **DO NOT** apply to the **upper chest** or **genital area**
- Apply gel to a different area of skin each day
- Avoid bathing, showering or exercising at least 1 hour after you apply cream/gel
- Wear a shirt covering the application site, during contact period or shower before sexual intercourse
- Apply at the same time each day as directed



AndroGel®:

- Apply on the **upper arm, shoulder, abdomen**
- Apply at the same time each day, preferably in the morning
- Regularly apply gel on the day of doctor visiting
- Store at 20-25°C
- Keep out of reach of children and pets



Testosterone syringe:

- Apply on the **shoulder** or as directed
- Stop 24 hours prior to the hormonal blood test
- Keep the container tightly closed.
- Store in a refrigerator at 2-8 °C.
- Keep out of reach of children and pets



References:

- The electronic Medicines Compendium (eMC). *AndroGel®: Information for the user*. Available from: <https://www.androjel.com/how-to-apply-androjel-1-62-percent> [Accessed 20 June 2021].
- WikiHow. *How to Apply Testosterone Cream*. Available from: <https://www.wikihow.com/Apply-Testosterone-Cream> [Accessed 20 June 2021].
- Customer information sheet. Testosterone cream 10%. Vitallife