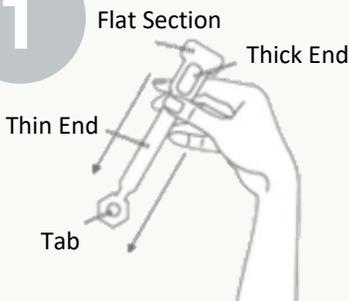


Vaginal gel

INSTRUCTIONS (tube form)

1

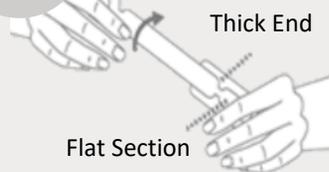


Getting your applicator ready

Grip the applicator by the **thick end** between your thumb and index finger.

Face the **thin end** of the applicator down to the ground and **shake the applicator down** to move all the gel inside to the thin end.

2



Opening your applicator

Twist off and remove the cap from the **thin end**.

Do not press the air tank at the thick end at this stage.

3



Inserting your applicator

Lean back or lie down with your knees bent and spread apart. Carefully insert the applicator well into your vagina, until your hand touches your body.

Press the **air tank** at the thick end of the applicator firmly to deliver the gel from the applicator into your vagina.

Additional instruction:

- Throw away the applicator, including the small amount of gel that is left inside. Use each applicator only once.
- Vaginal gel can stay in your vagina for several days. You may get a beige to brownish clumpy or cloudy white discharge during this time. This is nothing to worry about.
- Store the suppositories in a cool place to prevent melting. Refrigerate them if stated on the label.

Reference:

The electronic Medicines Compendium (eMC). *Crinone® Package Leaflet: Information for the User*. Available from: <https://www.medicines.org.uk/emc/files/pil.1283.pdf> [Accessed 20 June 2021].