

Press Release

Bumrungrad launches the ‘Bumrungrad COVID-19 Recovery Clinic’, offering holistic solutions to all COVID-19 related problems

Around the world, there are still many new cases each day as well as a number of previously infected who now test negative. This group require continuous COVID-19 care and management. The previously infected group needs the most help because the lungs have been affected. Other COVID-19 related symptoms may still be present, which negatively affects their health in the long run. Although they test negative now, post-COVID complications, called “Long COVID-19,” can remain for 1-6 months, depending on the physical condition of each patient. Currently, there are no COVID-19 centers in Thailand offering holistic solutions to specific COVID-19 related complications.

Pharmacist Artirat Charukitpipat, CEO of Bumrungrad International Hospital, reveals, “Bumrungrad’s whole-hospital medical competencies have led to the launch of **Bumrungrad COVID-19 Recovery Clinic**, which provides solutions to COVID-19 related problems, under the slogan ‘Bumrungrad COVID Solutions.’ The clinic will focus on delivering COVID-19-related services to three target groups: the never infected, the infected, and the previously infected who now test negative. Our intentions are to create a medical hub for people whose lives are affected by COVID-19 - delivering effective care to the infected while treating the people who have long COVID-19 symptoms, so that they can have a quality recovery.”

During our history, the most notable attribute of Bumrungrad International Hospital is the readiness of resources - including the knowledge and teams of specialists, who work together effectively with our interdisciplinary team of healthcare professionals. We have adopted latest medical technology in treating our patients to deliver the best results. We have also created partnership networks all over Thailand and around the world. Bumrungrad COVID-19 Recovery Clinic leverages our vast expertise in providing international standards of treatment of emerging diseases. Since the first wave of COVID-19, we have created our COVID-19 Command Center, COVID-19 Information Center, and we have worked to make our knowledge and information regarding the various COVID-19 vaccines publicly available.

Dr. Suthon Chutiniyomkarn, Chief Operating Officer, Bumrungrad International Hospital adds, “the **Bumrungrad COVID-19 Recovery Clinic**” is the first holistic COVID-19 clinic in Thailand and the Asia-Pacific, which offers solutions to COVID-19-related problems. The three

solutions we offer are the Now Normal COVID Solution, the Fighting COVID Solution, and the Recover COVID Solution. The **Now Normal COVID solution** provides information on how to live with the current COVID-19 situation. It covers general health care, fit-to-fly certification, vaccination, and vaccine passports. The **Fighting COVID Solution** provides treatment for inpatients and outpatients, including those staying at hospitals or practicing home isolation, while getting new medicines, and ICU patients. The **Recover COVID Solution** offers treatment and rehabilitation to patients with long COVID-19 symptoms, so that they can regain their strength and become healthy again.”

Dr. Daych Chongnarungsin, Critical Care Medicine (ICU) Specialist, Bumrungrad International Hospital states, “At present, there are many previously infected people who now test negative. Still, the long-term effects of COVID-19 remain. This group needs continuous care and rehabilitation, so we offer the “**Recover COVID Solution**” service. 30% of previously infected people who now test negative still have respiratory problems due to the direct effect of lung infection, like difficulty breathing, oxygen deficiency, and fatigue. Some cases have trouble with memory and cannot concentrate as they used to be able to. They also have shorter attention spans and are forgetful. Other symptoms include mental conditions like, stress, and anxiety. The most common long COVID-19 symptoms are coronary artery and thromboembolic diseases. In some cases, muscle and joint pain are present. People with a history of diabetes, high blood pressure, and obesity are likely to take more time to recover from long COVID-19 symptoms than the healthy persons.”

At Bumrungrad, our experienced specialists and interdisciplinary medical professionals, including infectious disease specialists, pulmonologists, nephrologists, endocrinologists, rheumatologists, psychiatrists, cardiologists, neurologists, hepatologists, and our teams of nurses, pharmacists, and food therapists, are ready and prepared to deliver effective treatment and rehabilitation, so our clients can achieve a holistic, full recovery.

The “**Fighting COVID Solution**” service offers treatment to people who tested PCR positive. These patients go through Bumrunrad’s normal steps of treatment, depending on the medical condition of each patient. Bumrungrad provides treatment according to the COVID-19 symptom levels, based on Royal Thai Ministry of Public Health criteria: home isolation, hospital, and admission to hospital. Bumrungrad offers international safety standards of care. Our teams of infectious disease specialists, ICU professionals, and multidisciplinary healthcare professionals have expertise in treating COVID-19 patients. Moreover, at Bumrungrad, we have negative pressure rooms, ICU wards, and COVID-19 wards, which meet international safety standards regarding infection prevention and control. Also, there are international standard laboratories

and high-quality medicines like Antibody Cocktails, which treat COVID-19 and are provided to each patient based on their individual cases.

Dr. Wiwat Wongsirisak, Internal Medicine Specialist, Bumrungrad International, states, “In addition to rehabilitation services, the “**Now Normal COVID Solution**” covers travel medicine for the never infected or the previously infected who now test negative. The services range from consultation for study, work, and travel to prevent medical conditions that might occur during the trip, to vaccination, health certification, diagnosis & treatment of any medical conditions arising during the trip, medication, and teleconsultation while our clients are abroad. Moreover, we assist our clients in living a new normal lifestyle by offering a vaccine passport, which grants a permission to travel internationally, depending on the regulations of each destination country. In addition, we provide health screenings for people who would like a check-up or boost their immune systems. The services include COVID-19 testing from the laboratory at Bumrungrad, which is certified by the Department of Medical Sciences. We also provide COVID-19 antibody tests, COVID-19 vaccination, and customized health packages.”

Dr. Suthon Chutiniyomkarn adds, “Launching the Bumrungrad COVID-19 Recovery Clinic exhibits our competencies regarding medical tourism, in accordance with Royal Thai Government policy. It also serves as a medical hub for the previously infected who now test negative and are not sure how to care for themselves, as well as those who are concerned about their long-term healthcare. In addition to Thai residents, we also serve international clients who will come to Thailand for business or leisure after the lockdown regulations are lifted and Thailand re-opens again.

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