

# ALTERNATIVE HOSPITAL QUARANTINE (AHQ) AT BUMRUNGRAD INTERNATIONAL HOSPITAL

Due to the COVID-19 pandemic, the Thai authorities imposed the regulations regarding a permission to enter the Kingdom of Thailand, including the quarantine upon arrival.

Bumrungrad international hospital remains ready to accept the patients to provide state-of-the-art healthcare as well as quarantine of the patients and their companions during this difficult time.



### **DOCUMENTS REQUIRED FOR THE APPROVAL PROCESS:**

- 1. A patient's passport copy with a certified signature.
- 2. A companion's passport(s) copy(ies) with a certified signature(s). [max. 3 companions, 1 only preferred]
- 3. An updated medical report with relevant investigation results.
- 4. A Referral Letter from a doctor in the current country, stating the need to seek treatment in Thailand.
- 5. A Vaccination Certificate, stating its name, a manufacturer and lot number of vaccine with a provider's or center's name.
- 6. A proof of financial status, e.g. bank statement.
- 7. An Affidavit of Support.\* (Only for patient with companions.)
- 8. A Letter of Intent and Consent for Quarantine.\*
- 9. A Communicable Diseases Screening Form.\*
- 10. A Travel Advice and Assessment Before Medical and Surgical Care Form.\*

# \*No. 7 – 10: Prepared by Bumrungrad International, filled out and signed by the patient and/or companions.

Relevant documents will be submitted to the Thai authorities for approval. Once approved, a copy of the stamped **Confirmation Letter** will be sent to the patient to apply for the **Certificate of Entry (COE)** in the current country via the internet <u>https://coethailand.mfa.go.th</u>. Thai <u>medical</u> visa application is also required at this stage.

### **DOCUMENTS REQUIRED PRIOR TO DEPARTURE:**

- 1. The Certificate of Entry (COE).
- 2. A valid Thai visa.
- 3. An insurance policy covering COVID-19, minimum amount of USD100,000 each, for the patient and companion(s). [Complimentary from the hospital]
- 4. A flight ticket. (if available)
- 5. A COVID-19 test result within 72 hours before departure. (**DO NOT** attempt to get the test <u>before</u> the approval is confirmed.)
- 6. A Fit-to-fly certificate within 72 hours before departure. (<u>Not</u> required by Thai authorities. Please check with your airlines, if this document is needed.)



# ALTERNATIVE HOSPITAL QUARANTINE (AHQ) **AT BUMRUNGRAD INTERNATIONAL HOSPITAL**

### **PROTOCOL FOR QUARANTINE IN BUMRUNGRAD INTERNATIONAL HOSPITAL:**

- Quarantine for 7,10 or 14 (plus 1-2) days upon arrival in Thailand.
- Individuals with a completed course of accepted COVID-19 vaccination\*, for at least 14 days prior to departure: 7-day quarantine.
- Individuals without a completed course of accepted COVID-19 vaccination\*: 10-day quarantine.
- Individuals from the certain countries\*\* with virus mutation and variants: 14-day quarantine.
- Arrival (as shown on ticket) 12:01am midnight to 6:00pm = day 1. Arrival 6:01pm to 12:00am midnight = day 0, the next morning = day 1.
- Completion of quarantine on day 8, 11 or 15.
- One companion in the same room with the patient. 2nd and 3rd companions in their own rooms, one room each.
- A patient and companions must remain in the room at all times, except for medical investigations and procedures.
- A fever and respiratory tract symptoms monitoring.
- Swabs for COVID-19 (rt-PCR) x 2 times (day 0-1 and 7) or x 3 times (day 0-1, 5 and 10 / day 0-1, 7 and 14).
- Positive COVID-19 cases admitted in Bumrungrad International on their own expenses (under insurance coverage, conditions may apply).

Smoking <u>not</u> allowed.

Premature return / repatriation not allowed by Thai authorities.

#### \*Accepted vaccines:

N	Manufacturer	Name	N of doses for a completed course
1.	Sinovac	ARS-CoV-2 vaccine (CoronaVac)	2
2.	AstraZeneca/Oxford	AZD1222	2
3.	SK BIOSCIENCE AstraZeneca/Oxford	AZD1222	2
4.	Pfizer/BioNTech	BNT162b2/CORMIRNATY Tozinameran (INN)	2
5.	Serum Institute of India	Covishield (ChAdOx1_nCoV19)	2
6.	Janssen Pharmaceutical (Johnson & Johnson)	Ad26.COV2.S	1
7.	Moderna	mRNA-1273	2
8.	Sinopharm/BIBP	SARS-CoV-2 Vaccine (Vero Cell), Inactivated (InCoV)	2

#### \*\*Countries with virus mutation and variants:

- Botswana

- Ghana

- Kenya

- Cameroon
- Congo
  - South Africa
    - Tanzania

- Mozambique - Rwanda

- Zambia
  - Zimbabwe

Foreign nationals permitted to enter Thailand as patients can <u>only</u> be quarantined in the hospital.



### IN ORDER TO MITIGATE THE RISK OF COVID-19 THROUGHOUT THE TRAVEL, INCLUDING GROUND AND AIR TRANSPORTATION, PATIENTS AND THEIR COMPANION(S) SHOULD:

- Wear mask and maintain appropriate distancing in the public area at all times.
- Wash their hands often with soap and water for at least 20 seconds.
- If soap and water are unavailable, use an alcohol-based hand sanitizer with at least 60% alcohol content.
- Bring sanitation wipes with them. Avoid touching their eyes, hands and mouth. Cover their mouth and nose with their bent elbow or tissue when coughing or sneezing.
- In addition to above practices, wear mask and wipe their seats and tray with sanitation wipes.



\*The treatment can be commenced during or after the quarantine period, depending on the care team's consideration.





#### AHQ FLOW



1

Afghanistan

46 Grenada

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92 Papua New Guinea

#### Patients and their companions, who are currently in the following countries, are allowed to submit for consideration to enter the Kingdom of Thailand for Alternative Hospital Quarantine (AHQ)

Ref: Ministry of Public Health, Thailand as of 1 April, 2021

47 Guatemala

I	Afghanistan	4/	Guatemala
2	Albania	48	Guinea
3	Algeria	49	Guyana
4	Andorra	50	Haiti
5	Angola	51	Honduras
6	Antigua and Barbuda	52	Hong Kong
7	Armenia	53	Iceland
8	Australia	54	India
9	Austria	55	Indonesia
10	Azerbaijan	56	Iran
11	Bahamas	57	Ireland
12	Bahrain	58	Israel
13	Bangladesh	59	Jamaica
14	Barbados	60	Japan
15	Belarus	61	Kazakhstan
16	Belize	62	Kuwait
17	Benin	63	Kyrgyz
18	Bhutan	64	Laos
19	Bolivia	65	Latvia
20	Botswana	66	Lesotho
21	Brunei Darussalam	67	Liberia
22	Cabo Verde	68	Libya
23	Cambodia	69	Lithuania
24	Canada	70	Luxemburg
25	Chile	71	Macau
26		72	
	Colombia	73	
28	Congo	74	
29			Malta
30			Mauritius
31	Croatia	77	Monaco
32	Cuba	78	Mongolia
33	Cyprus	79	-
34	Denmark	80	Morocco
04	Deminark	00	Morocco
35	Dominican	81	Mozambique
36	Egypt	82	Myanmar
37	El Salvador	83	Namibia
38	Equatorial Guinea	84	Nepal
39	Eritrea	85	
40	Eswatini	86	
41	Fiji	87	0
42	Finland	88	Norway
42	Georgia	89	•
43 44	Germany	90	
	Comuny	70	
	Greece	91	Panama

93	Peru
94	Portugal
95	Qatar
96	Romania
97	Russia
98	Rwanda
99	Saint Kitts and Nevis
100	Saint Lucia
101	Saint Vincent and
	Grenadines
102	San Marino
103	Saudi Arabia
104	Senegal
105	Seychelles
106	Singapore
107	Slovenia
108	South Africa
109	South Korea
110	Spain
111	Sri Lanka
112	Sudan
	Suriname
114	Switzerland
115	Syria
116	Taiwan
117	Tajikistan
117	Tanzania
118	
119	Thailand
120	Togo
121	Trinidad and Tobago
122	Tunisia
123	Uganda
124	United Arab Emirates
125	United Kingdom
126	United States of
	America
127	Uzbekistan
128	Venezuela
129	Vietnam
130	Yemen
	Zambia
131	



# ALTERNATIVE HOSPITAL QUARANTINE (AHQ) AT BUMRUNGRAD INTERNATIONAL HOSPITAL

### **PACKAGE COST**

7-DAY PACKAGES	Cost for patient in THB	Cost for companion(s) in THB	Total cost (quarantine only) in THB
1 patient* 1 patient + 1 companion* 1 patient + 2 companions** 1 patient + 3 companions***	43,000 43,000 43,000 43,000	0 19,500 59,000 98,500	43,000 62,500 102,000 141,500
10-DAY PACKAGES	Cost for patient in THB	Cost for companion(s) in THB	Total cost (quarantine only) in THB
1 patient* 1 patient + 1 companion* 1 patient + 2 companions** 1 patient + 3 companions***	57,500 57,500 57,500 57,500	0 26,500 80,500 134,500	57,500 84,000 138,000 192,000
14-DAY PACKAGES	Cost for patient in THB	Cost for companion(s) in THB	Total cost (quarantine only) in THB
1 patient* 1 patient + 1 companion* 1 patient + 2 companions** 1 patient + 3 companions***	67,500 67,500 67,500 67,500	0 30,000 90,000 1 <i>5</i> 0,000	67,500 97,500 157,500 217,500

\* 1 room

\*\* 2 rooms, the patient and the  $1^{st}$  companion stay in 1 room and the  $2^{nd}$  companion in another room)

\*\*\* 3 rooms, the patient and the 1<sup>st</sup> companion stay in 1 room while the 2<sup>nd</sup> and 3<sup>rd</sup> companions in one room each)

**Inclusion:** Room charge for 8, 11 or 15 nights (quarantine only, no inpatient care), 3 meals per day and 2 or 3 COVID-19 tests with daily fever monitoring.

#### Remarks

- A deposit of THB 100,000.00 for the patient (for the quarantine package and treatment), as well as the full amount of quarantine package cost for companion(s) will be requested.
- The package price cannot be divided or applied to any discount.
- The quarantine package costs (non-refundable according to usage) are required to be paid and settled before arrival to make a reservation for AHQ package.
- The actual cost and a deposit amount upon arrival may vary, e.g. additional inpatient or ICU charges, depending on the patient's condition.
- The doctor's fee upon arrival is included.
- The specialists' fees and other treatment costs not included in the package.
- The room size: 30 sq. m (323 sq. feet).
- An additional room charge of **THB 2,000 / night** will be incurred, in case the patient is in the ICU and the 1st companion is in the room alone.
- Available payment options: <u>https://www.bumrungrad.com/en/patient-finance-and-insurance-information</u>
- Lists of insurance we accept: <a href="https://www.bumrungrad.com/en/patient-services/insurance">https://www.bumrungrad.com/en/patient-services/insurance</a>

### For more information, please contact Bumrungrad's Medical Transport Department (24/7):

### Tel: +66 2011 3333

Email: MedicalTransport@bumrungrad.com