



Respimat

INSTRUCTIONS

For first-time use



1

Remove the clear base

With the cap closed, press the safety catch while firmly pulling off base with your other hand.



2

Insert the cartridge

Insert narrow end of the cartridge into the inhaler. Push down firmly until it clicks into place.



3

Put back the clear base

Put the clear base back into place until it clicks.



4

Turn the clear base

Turn the clear base in the direction of the arrows on the label until it clicks (half a turn).



5

Open the cap

Open the cap until it snaps fully open.



6

Press the dose-release button

Point toward the ground. Press the dose-release button. Look for a mist.

Repeat steps 4, 5, and 6 for 3 times until 4 mists have been dispensed. These steps will not affect the number of doses available.

For daily use



1

TURN

Turn the clear base in the direction of the arrows on the label until it clicks (half a turn).



2

OPEN

Open the cap until it snaps fully open. Breathe out slowly and fully.



3

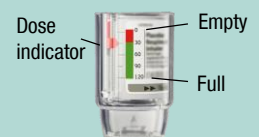
PRESS

Close your lips around the mouthpiece. Do not block the air-vent with your fingers.

While taking a slow, deep breath through your mouth, press the button and continue to breathe in slowly for as long as comfortable. Remove the inhaler from your mouth and close the cap. Hold the breath for 10 seconds or for as long as comfortable. Repeat steps 1 to 3 to complete your prescribed dosage. (Usual dose is 2 puff once daily)

Additional instruction:

- When the dose indicator enters the red area of the scale, there is medication for 7 days left.
- Once it reaches the end of the red scale, no more doses can be released. At this point, the clear base cannot be turned any further.
- Clean the mouthpiece with a damp cloth or tissue only, at least once a week.
- Respimat should be discarded 3 months after you have prepared it for first use.



Reference:

Boehringer Ingelheim Pharmaceuticals, Inc. *Welcome To Your Respimat Quick Start Guide*. Available from: <https://docs.boehringer-ingelheim.com/RESPIMAT-Quick-Start-Guide.pdf> [Accessed 28 January 2021].